



Summer Issue * July 2006



Kids 4 Clean Air

We care about kids and clean air. So do our sponsors: Ajo Bikes, Audubon Nature Shop, Cactus Bowl, Fiesta Lanes, Funtastics Family Fun Park, Golf 'n Stuff, Lucky Strike Bowl, Santa Cruz Lanes, and Tucson Bowl.
Produced by Pima County Department of Environmental Quality Clean Air Program.
Funded by a grant from the Arizona Department of Environmental Quality.

8 Ways Your Feet Can Clean the Air

1. **Take your feet for a walk.** Walking instead of driving saves car miles, gas, money, and keeps fumes out of the air.
2. **Walk-Ins Welcome.** Walk-in for meals instead of using the drive-thru at restaurants.
3. **Let your feet do the pedaling.** Riding bikes to nearby places instead of driving reduces how much your family has to drive.
4. **Take your feet for a ride on the bus.** Your feet might meet new feet too!
5. **Walk your dog** instead of watching TV or playing computer games which use electricity.
6. **Walk on up** or down stairs in public buildings to save electricity used by elevators.
7. **March in a parade** and carry an air-friendly message.
8. **Step into action** and talk to your friends and family about keeping the air clean.

Remember, first get your parent's permission.



Foot Funnies



A young couple were planning to get married. But the groom had very stinky feet and the bride had terrible morning breath. Neither of them wanted the other to discover their problem so he decided to always wear socks, and she decided to never speak until brushing her teeth in the morning.

The couple were married. And for the first six months neither one knew of the others problem thanks to his perpetual socks and her morning silence. That was until shortly before dawn one morning, the husband wakes with a start to find that one of his socks had come off. He frantically searches the bed. This, of course, wakes his wife and without thinking, she asks, "What on earth are you doing?" "Oh, my," he replied, "you've swallowed my sock!"

www.clubfootclub.org/Kids.htm#riddles+jokes

The Wizard's Corner



We need more than spells and magic to help clean the air. The *Wizard of Air* is here with answers to your every day air questions.

Q: I live too close to my school to take the school bus, so my mom drops me off on her way to work. I could walk, but I don't feel safe. Is driving bad?

A: Driving is not "bad," but it does pollute the air more than walking. If you don't feel safe walking to school, then you shouldn't walk. Sometimes it is best to walk. Sometimes it is best to drive. And, it is always best to be safe. Decide with your parents which is best for you.

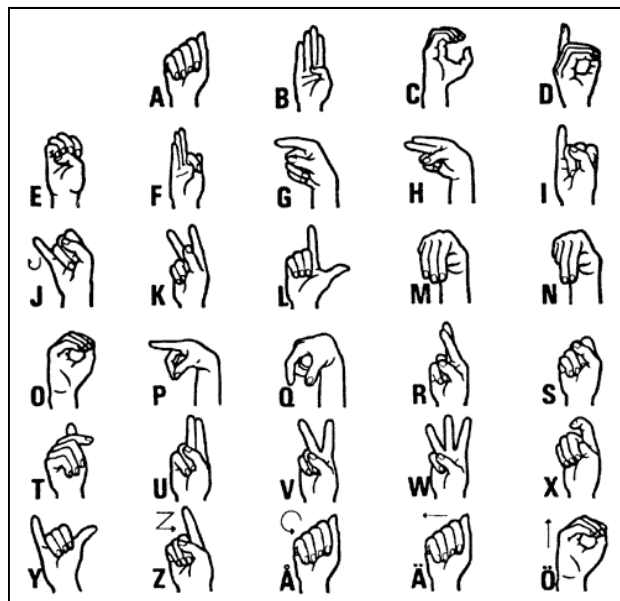
Safe Walking Tips

- ♦ There is safety in numbers. Walking with parents, older brothers or sisters, and friends can help you feel more comfortable than walking alone. It can be more fun too.
- ♦ Always walk on a sidewalk when available. If there isn't a sidewalk, walk on the left side of the road facing traffic. Walk as far away from the street as possible.
- ♦ Watch out for cars backing out of driveways or pulling out of parking lots and side streets.
- ♦ Avoid walking at night, but if you have to, wear reflective clothing and use a flashlight.
- ♦ Wear bright colors so drivers can easily see you.
- ♦ Cross streets only at crosswalks or corners.
- ♦ Keep looking both ways until you have safely crossed the street.
- ♦ Walk to School Day is Wednesday, October 4. Call Donna at 205-8309 for information.



Brain Busters: Hidden Message

Use the sign language alphabet key below to decipher the hidden message.





Pima County Dept. of Environmental Quality
 150 West Congress Street
 Tucson, AZ 85701
 www.deq.pima.gov • www.AirInfoNow.org
 Phone: 520.740.3340

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Special Events: Save the Date!

International Walk to School Day October 4, 2006

Walk or bike to school with friends, school mates, or parents to help reduce air pollution and make our streets safe. Contact your school to register or for more information at 205-8309 or www.walktoschool.org. Take the **Walking School Bus Challenge**, an eight-week contest where students track how much they walk or bike to school. Call 205-8309 for info.

Car Care Check-Up, October 2006

Have your parents drive your family vehicle(s) in for a FREE Check-Up. Professional mechanics and volunteers perform safety, under-the-hood, tires, emissions, and gas cap checks. Call 740-3947 or click on www.deq.pima.gov/air for date, location, or for more info.

Recommended Reading

I Face the Wind By Vicki Cobb

Ever lose your hat in a strong wind? Ever feel the wind pushing you from side to side? Know why you can feel the wind, but never see it? You Will!

This book explains the characteristics of air and guides readers through fun hands-on activities and discoveries.

Brain Busters

Walking Word Search

Look for the words about walking listed below. They might be forward, backward, horizontal, vertical, or diagonal.

- | | | |
|-----------|---------|------------|
| air | feet | pollute |
| bright | friends | reflective |
| cars | kids | safely |
| corner | look | sidewalk |
| crosswalk | nearby | street |
| drivethru | parents | traffic |
| driving | places | walk |

a k i d s b p l a c e s c z d
 i x h e t u l l o p s g f b e
 c d r i v e t h r u i c a r s
 n o d h u r q u e l d r e i s
 e t r e m o l o o k e o r g v
 a o i n l i t v i a w s d h u
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 z x g c v b t n a m q l w f s
 p a r e n t s u y l t k r e a
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 a f r i e n d s z x c v b n l
 q m w n e b a i r t v y c m y